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Even Superheroes Have Bad Days



Synopsis

When Superheroes don't get their way, when they're sad, when they're mad, when they've had a bad day they COULD super-tantrum, they COULD but they DON'T, because REAL Superheroes just WOULDN'T! they WON'T! All kids have trouble getting a grip on their emotions, sometimes even young superheroes! But what do they do when they're having a bad day? Colorful action-packed illustrations and a dynamite rhyming text reveal the many ways superheroes (and ordinary children, too) can resist the super-temptation to cause a scene when they're sad, mad, frustrated, lonely, or afraid. From burning off steam on a bike or a hike, to helping others, this energetic picture book has plenty of fun ideas to help kids cope when they're feeling overwhelmed.

Book Information

Lexile Measure: 640 (What's this?)

Hardcover: 40 pages

Publisher: Sterling Children's Books (September 6, 2016)

Language: English

ISBN-10: 1454913940

ISBN-13: 978-1454913948

Product Dimensions: 8.8 x 0.4 x 10.9 inches

Shipping Weight: 10.4 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars 58 customer reviews

Best Sellers Rank: #3,016 in Books (See Top 100 in Books) #13 in Books > Children's Books > Science Fiction & Fantasy > Science Fiction > Superheroes #20 in Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Manners #28 in Books > Children's Books > Literature & Fiction > Poetry > Stories In Verse

Age Range: 3 - 9 years

Grade Level: Preschool - 4

Customer Reviews

PreS-Gr 2 •Everyone has a bad day now and then even superheroes. In this tale, readers see superheroes with great skills, abilities, and strength succumb to ill moods. Nonetheless, "upset superheroes have all sorts of choices. Instead of destruction and loud, livid voices/they burn angry steam off with speed-of-light hiking/or super-Xtreme outer space mountain biking." The text acknowledges all the damage that the heroes could inflict, but "with great power

Great book! Teaches children (and their parents too) about controlling their negative impulses. Even superheroes control theirs!

I have all boys, and they LOVE this book. It great for little boys who are just discovering and testing their bodies and their power. Proper use of power is necessary for well-adjusted boys and men. It lets them know that its ok to be frustrated, but teaches that how you express that frustration is the difference between a super-hero, and a villain

At first I wasn't sure if my son would like this because he's REALLY into Marvel and PJ Masks - but this book is a huge hit and teaches kids that it's okay to be human but also that we choose how we react towards others when upset. Great book!

I have a 5 year old and he doesn't really "get it". When were done reading he doesn't really ask me questions as he does with all other books and he never ask me to read it. I get the point of the book, but the story is just a bit weird.

Fun read to trigger discussion in children's group

Adorable book! Great photos!

I highly recommend this for parents who have a child who chooses to behave badly. The book explained well that good and bad behavior is a choice.

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